



Emerson Seminars

Preventing & Healing Prenatal and Birth Trauma in Children, Babies & Adults

We are not human beings having a spiritual experience,
rather we are spiritual beings having a human experience.

—Teilhard de Chardin

2018 Emerson Seminars

Emerson Seminars (ES) provides experiential and didactic workshops and trainings for professionals and non-professionals. Courses consist of safe, structured, and healing practices, developed by Dr. Emerson over the past thirty years, which provide for personal and spiritual transformation. Participants have the opportunity to identify, explore, and heal wounds emanating from the prenatal and perinatal periods, and in the process to realize and actualize the Higher Self, spirit, and soul. All workshops are taught by Dr. Emerson unless otherwise indicated.



The alchemy of treatment is the relational field between therapist and client.

—William R. Emerson

Mar 31-Apr 5: Sternenberg, Switzerland

The Prenatal Person: from Conception to Trimester 3

The 2017 Sternenberg courses focused heavily on the Emerson preconception stages. The 2018 courses focus on the prenatal person and the Emerson prenatal stages, including spermulation, ovulation, conception, implantation, discovery, spiritual embodiment, and ego emergence. Participants experience unique rituals and inner journeys that uncover and heal trauma, and access primitive spirituality. The goal of the course is to be free from prenatal trauma, with the potential to be born free of birth trauma, enabling one to discover their true self, and find their spiritual home.

For more information contact Dr. Emerson at: Tel: +1 707 364 1165, or email at w.emerson@comcast.net OR wmemerson4940@gmail.com

Single course tuition: 900 CHF—PayPal, credit card, or email to arrange bank transfer.

Meals & lodging: 550 CHF (double room), 625 CHF (single room)

For more information about meals and lodging, contact Sabine Sieber, Tel: 052 386 1301, or email alter-steinshof@bluewin.ch

April 7-9 Pfäffikon, Switzerland

Energy Field Holding: A Healing Path One Day Workshop with William Emerson

In this one-day workshop, Dr. Emerson describes the major steps in field holding, leads elementary exercises, and guides participants into spiritual states of consciousness, whereby self-realization, intuition, interconnectedness, and healing occur. In certain states, psychological trauma and shock can be navigated and transformed. Field Holding is a practical process that one can use in daily life or professional practice.

Who is the course for? Shiatsu therapists, Watsu practitioners, water practitioners, cranial-sacral therapists, psychoanalysts, psychotherapists, counselors, lawyers, teachers of children, spiritual teachers, Emerson workshop participants, and personal-growth-seekers. The courses in April and October have different and compatible content and exercises. They are two different courses.

Handout: Steps in (Energy) Field Holding

Reading: Excerpts from "Psychological Field Theory"

Cost: 150 CHF Payable in person (cash), or on EmersonBirthRx.com, using PayPal or a bank card (master or visa)

Location: Veronika's Office, Seestrasse 27, in 8330 Pfäffikon ZH

To Register: Contact Veronika Ruefenacht at veronika.ruefis2@bluewin.ch or +41 44950 3581

April 22-27 Karuna, U.K.

Healing Early Trauma and Shock - Deepening Intimacy With Self

By William R. Emerson, PhD, and assisted by Sue Taylor and Cheryl Allen, Senior Karuna Staff Team Members

In this five-day workshop, new (2018) participants receive basic experiential training in Spirit Pulsation and Soul Finding Level I, and 2016 (or prior) participants experience Level III. All are guided through egressions (spiritual regressions) to discover and resolve wounds from the most formative periods of development—from preconception through birth. When these egressive experiences are coordinated with spirit pulsation and soul finding, synchronicity and transformation tend to work spontaneously to bring about needed life changes and adaptations.

To inquire or register, contact: Jacqui Aplin, Karuna Institute at office@karuna-institute.co.uk, +441 647 221 457.

May 25-27 (28) Dallas, Texas

Healing Early Trauma and Shock Deepening Intimacy with Self

A 3-Day Workshop with an Optional 4th Day

Humans are designed to be relational with self, others, and spirit. But above all, it is important to recognize and claim our spirituality. As Teilhard de Chardin said, "We are not human beings having a spiritual experience; we are spiritual beings having a human experience." In this workshop, Dr. Emerson guides participants into spiritual states of consciousness, whereby shock wounding can be transformed to vapor like wood to ash. He leads participants in spiritual-based regressions called egressions, and trains participants in Spirit Pulsation Process®, Relational Shock Clearing®, and Self Regulation. He also leads participants in Elemental Spirit- and Soul-Finding exercises.

Three-Day Workshop: May 25-27

Tuition: \$525 (does not include lodging or meals). Inexpensive meals and lodging are available on site, check with Peggy Roberts, paroberts07@gmail.com.

Optional fourth day of Integrational Therapy: May 28

The fourth day is optional and unique. Participants experience Emerson's therapeutic-integration process, oriented towards transforming relational trauma patterns into healthy and rewarding connections.

Tuition: \$150

A registration form is required. Payment is due no later than 2 weeks prior to beginning of workshop, payable by PayPal, or by check or credit card ([link](#)).

To inquire or register, contact Zahira Rabinowitz at Emerson Seminars: emersontraining@comcast.net or 707 763 7024.

Aug 5-10, Karuna, U.K.

Healing Early Trauma and Shock - Deepening Intimacy With Others

**By William R. Emerson, PhD, and assisted by Sue Taylor and Cheryl Allen,
Senior Karuna Staff Team Members**

In this five-day workshop, new (2018) participants receive basic experiential training in Spirit Pulsation and Soul Finding Level I, and 2016 (or prior) participants experience Level II. All are guided through egressions (spiritual regressions) to discover and resolve wounds from the most formative periods of development—from preconception through birth. When these egressive experiences are coordinated with spirit pulsation and soul finding, synchronicity and transformation tend to work spontaneously to bring about needed life changes and adaptations.

To inquire or register, contact: Jacqui Aplin, Karuna Institute at office@karuna-institute.co.uk, +441 647 221 457.

Sept. 29-Oct. 4, Sternenbergl, Switzerland

The Prenatal Person During Birth

The 2018 Courses review the Preconception Stages, and focus intently on the Prenatal Stages. Participants experience unique rituals and inner journeys that uncover and heal trauma, and access spirituality. Prenatal Stages include Spermatulation, Ovulation, Conception, Implantation, Discovery, Spiritual Embodiment, Ego Emergence, and Birth.

The goal of the two courses is to be born free of trauma, to discover our true selves, and to find our spiritual home. Dr. William Emerson is a world renowned pioneer in prenatal and birth psychology, and offers workshops for personal growth and professional training. In each course, Dr. Emerson uses time-tested methods that generate personal discovery, relational intimacy, psychological healing, and spiritual transformation.

For more information contact Dr. Emerson at: Tel: +1 707 364 1165, or email at w.emerson@comcast.net OR wmemerson4940@gmail.com

Single course tuition: 900 CHF—PayPal, credit card, or email to arrange bank transfer.

Meals & lodging: 550 CHF (double room), 625 CHF (single room)

For more information about meals and lodging, contact Sabine Sieber, Tel: 052 386 1301, or email alter-steinshof@bluewin.ch

October 7, Pfäffikon, Switzerland

Energy Field Holding: A Healing Path One Day Workshop with William Emerson

In this one-day workshop, Dr. Emerson describes the major steps in field holding, leads elementary exercises, and guides participants into spiritual states of consciousness, whereby self-realization, intuition, interconnect- edness, and healing occur. In certain states, psychological trauma and shock can be navigated and transformed. Field Holding is a practical process that one can use in daily life or professional practice.

Who is the course for? Shiatsu therapists, Watsu practitioners, water practitioners, cranial-sacral therapists, psy- choanalysts, psychotherapists, counselors, lawyers, teachers of children, spiritual teachers, Emerson workshop participants, and personal-growth-seekers. The courses in April and October have different and compatible content and exercises. They are two different courses.

Handout: Steps in (Energy) Field Holding

Reading: Excerpts from “Psychological Field Theory”

Cost: 150 CHF Payable in person (cash), or on www.EmersonBirthRx.com, using PayPal or a bank card (master or visa) (link)

October 7, 2018

Location: Veronika’s Office, Seestrasse 27, in 8330 Pfäffikon ZH

To Register: Contact Veronika Ruefenacht at veronika.ruefis2@bluewin.ch or +41 44950 3581

Nov. 9-11 (12) Dallas, Texas

Healing Relational Wounding A 3-Day Workshop with an Optional 4th Day

Most of us are wounded at a relational and a spiritual level. Healing occurs when old wounds are worked with regressively and in the here-and-now, and are integrated into existing relationships. During this workshop, participants will be guided in spiritual regressions (called egressions) and in navigating wounds from the most formative periods of development—the preconception, prenatal, and perinatal periods.

Three-Day Workshop: Nov. 9-11, 2018

Tuition: \$525 (does not include lodging or meals). Paypal, credit card or check accepted.

Optional fourth day of Integrational Therapy: May 28

The fourth day is optional and unique. Participants experience Emerson’s therapeutic-integration process, ori- ented towards transforming relational trauma patterns into healthy and rewarding connections.

Tuition for optional 4th day: \$150

A registration form is required. Payment is due no later than 2 weeks prior to beginning of workshop (payable by PayPal on www.emersonbirthrx.com or by check or credit card).

To inquire or register, contact Zahira Rabinowitz at Emerson Seminars: emersontraining@comcast.net or 707 763 7024.

Inexpensive meals and lodging are available on site, check with Peggy Roberts, paroberts07@gmail.com

How to Register

For information and to register, contact the appropriate Emerson Seminars enrollment coordinator. Visit www.emersonbirthrx.com for more information on William Emerson, Ph.D. and Emerson Seminars. Dates, locations, and tuitions are subject to last minute changes (very rare). For cancellations more than 30 days prior to an event, deposits are fully refunded less a \$100 processing fee; within 30 days of an event deposits are non-refundable, but are applied as deposits for subsequent seminars. These policies do not apply when trainees are enrolled in ongoing trainings, where payment for each course is guaranteed, and students are required to finish unattended courses via home study.

EMERSON SEMINARS ENROLLMENT COORDINATORS:

Unless otherwise listed, contact the Emerson Seminars office for enrollment:

Zahira Rabinowitz: emersontraining@comcast.net or 707.763.7024

England - Karuna Institute: jacqui@karuna-institute.co.uk or 011.441.647.221.457

Germany - Margret Overdick: m.overdick@web.de or 011.49.251.260225

*Switzerland, Sternenbergl – William Emerson, w.emerson@comcast.net,
or wmemerson4940@gmail.com, or +1.707.364.1165*

Switzerland, Pfäeffikon – Veronika Ruefenacht at veronika.ruefis2@bluewin.ch or +41 44950 3581

ABOUT WILLIAM R. EMERSON, Ph.D.

William R. Emerson is a renowned workshop leader, writer, lecturer, and pioneer in the field of pre and perinatal psychology. He is among the first in the world to develop prenatal and perinatal treatment methods for infants and children, is an expert in treatment methods for adults, and is recognized world-wide for his contributions. He is also president emeritus of APPPAH (Association for Prenatal and Perinatal Psychology and Health) and served on the Board of Directors for twenty years. Dr. Emerson is the author of five books (four self-published), the co-author of *Remembering Our Home*, and the author of 15 published chapters and journal articles in the field of pre and perinatal psychology. He is also the writer and producer of four video programs.

He holds graduate degrees from Vanderbilt and San Jose State Universities, graduating with honors. He has held university appointments as Honorary Faculty, Director of Clinical Training, International Lecturer, and Assistant Professor of

Psychology. As an acknowledgment of his contributions to psychology, he received an honorary fellowship from the National Institute of Mental Health. Dr. Emerson practiced psychotherapy for 25 years, specializing in psychotherapy and regression treatment for infants, children, and adults, and lectured domestically and internationally on these topics. Dr. Emerson is retired from the practice of psychotherapy, is currently writing a book on spirit and soul wounding, and completing a book about the dark side of childbirth. Dr. Emerson conducts open workshops and training programs in the U.S., Canada, Europe, and Brazil.

