Emerson Seminars (ES) provides experiential and didactic workshops and trainings for professionals and non-professionals. ES courses consist of safe, structured, and healing practices, developed by Dr. Emerson over the past thirty years, which provide for personal and spiritual transformation. Participants have the opportunity to identify, explore, and heal wounds emanating from the prenatal and perinatal periods, and in the process, realize and actualize the Higher Self, spirit, and soul. All workshops are taught by Dr. Emerson unless otherwise indicated. You can now register for many courses online at www.emersonbirthrx.com.

WORKSHOPS AND TRAININGS

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Modules 1-6 are available on DVD for home study, and provide certified training. Module 7 is a practicum for those who have completed (at a minimum) on-site Modules 1-4, or Home Study Baby Training Modules 1-6. For more information and enrollment contact: Arrow De Groot, 206-992-1339, gracelodge@comcast.net

Private consult scheduling: Zahira at Emerson Seminars, 707-763-7024 or emersontraining@comcast.net

SWITZERLAND MARCH-APRIL

Mar 24 (noon) -26 (noon) Preventing and Healing Maternal and Infant Birth Trauma
Basel, Switzerland

Parents giving birth are prone to being birth traumatized, especially in hospital settings. So are doctors, nurses, and midwives. Babies of course are the highest risk group for being traumatized, and most contemporary adults carry unresolved birth (and prenatal) trauma. This workshop is for parents who gave birth or are about to, for professionals who attend birth, and for those who suffered trauma while being born. If you think your own children or grandchildren were traumatized, there is much you can do about it as an adult parent or grandparent. Find out the insidious and direct ways birth is impairing your life now, or the lives of your children or grandchildren, and what to do about it.

For tuition information and enrollment contact: Melinda Krüttli, secretariat@isppm.ch

Mar 27-April 1 (noon-noon) Chlotisberg, Switzerland
2nd Trimester: Healing the Wounds of Spirit: Retrieving the Roots of Soul

The deepest wounds of spirit and soul wounding occur in the preconception and prenatal periods. Emerson Egressions© (spirit-based regressions), Spirit Experiencing©, and Soul Experiencing© will be used to resolve spirit and soul wounding, allowing spirit and soul to be expressed in daily life. For workshop tuition information and enrollment contact:
Barbara Schmid, M.D., barblaschmid@bluewin.ch

April 3 (9:30-12:30) Wila, Switzerland Supervision by Dr. Emerson
April 3 (15:00-17:00) Baretswil, Switzerland Intro to Baby Training

To register contact: John Engeler or Barbara Schmid at: info@sirt.ch or through the website, www.wirt.ch
NEW ORLEANS, LOUISIANA  MAY

MAY 13-15  HEALING THE WOUNDS OF SPIRIT: RETRIEVING THE ROOTS OF SOUL, PUBLIC WORKSHOP
The deepest wounds of spirit and soul wounding occur in the preconception and prenatal periods. Emerson Egressions® (spirit-based regressions), Spirit Experiencing®, and Soul Experiencing® will be used to resolve spirit and soul wounding, allowing spirit and soul to be expressed in daily life.
Tuition: $525 (meals & lodging not included), LA residents: $495, Katrina victims: $450
Enroll with Patricia Dunbar 504-398 4787, journey@sstar.com.

MAY 16  (BIRTH GROUP - CLOSED GROUP)
MAY 17  PRIVATE CONSULTS WITH DR. EMERSON
Dr. Emerson provides personal sessions for babies, children, or adults. Pre-registration required.
Contact: Zahira at Emerson Seminars 707-763-7024, emersontraining@comcast.net

MINNEAPOLIS, MINNESOTA  MAY

MAY 19  EVENING PUBLIC LECTURE: CHILDBIRTH A SACRED PASSAGE  7:00 PM
PROLOGUE BY MONICA MATOS, SACRED PASSAGE FOUNDER
During the last 7 decades, childbirth has been medicalized, and women’s natural ability to give birth has temporarily been obscured. While medicalization helps a few women who need medical help, it is routinely applied to women who need no help, and in the process, disempowers and harms them. This process results in physical, psychological, and spiritual harm to most mothers, babies, and families, with negative impacts that last for decades. This lecture names the negative impacts, but highlights solutions that doctors, nurses, midwives, and parents can do within hospital or home settings to support the inherent aspects of childbirth that empower women spiritually and psychologically, reduce harm, and make childbirth a positive life-changing experience.
Pre-registration admission $15, at the door $20, (all tax-deductible proceeds to Ten Moons Rising)

MAY 20  ONE-DAY WORKSHOP: CHILDBIRTH A SACRED PASSAGE, OPEN TO THE PUBLIC
This workshop is for women who have given birth, or for men or women who attend or support birth in any way. It provides ground-breaking techniques from psychiatry and psychology that empower women to birth babies and rebirth themselves, in hospital or home. It also empowers birthing personnel to explore forgotten and unconscious tendencies from their own birth patterns, freeing them to function in accordance with their own sacredness (and subtly but powerfully supports mothers to do the same). This transforms childbirth from a medical to a sacred and life-transforming event for all concerned.
Tuition: $150 (meals & lodging not included)

MAY 21-23  THREE-DAY WORKSHOP: CORE TRANSFORMATION, OPEN TO THE PUBLIC
This workshop focuses on the profound effects that birth experiences (giving birth or being born) have on life patterns. It provides direct experiences with ways to enhance positive impacts from birth while freeing yourself from restrictive patterns. In the process, gifts from birth are enhanced while negative impacts are cleared, resulting in psychological and spiritual transformations. This workshop includes safe and time-tested processes such as Emerson Spirit Experiencing, Emerson Soul Experiencing, and Emerson Egressions (spirit-based regressions), manifesting spontaneous changes in physical and psychological symptoms, while accessing a deeper and more centered place within (the higher self).
Tuition: $525 (meals & lodging not included)

All Minneapolis lectures & workshops enroll online or with Monica Matos, 651-216-6029, monica@tenmoonsrising.org

MAY 24-25  PRIVATE CONSULTS WITH DR. EMERSON
Dr. Emerson provides personal sessions for babies, children, or adults. Pre-registration required.
Contact: Zahira at Emerson Seminars 707-763-7024, emersontraining@comcast.net
### St. Louis, Missouri July

**July 14 (eve)**  **Public Lecture**  **$15 Admission at the Door**

**July 15-17**  **Three-Day Workshop: The Causes and Impacts of Birth Trauma**

On the first evening, basic content will be presented: What is the evidence for birth trauma? What causes it? Why should we care? Friday through Sunday will be personal work to explore and resolve birth trauma, including integrational processes to support needed life changes. Recommended readings: *Collected Works I and Shock: A Universal Malady*, both available through Emerson Seminars online bookstore.

Tuition: $495 (meals & lodging not included)

Enroll online or with: Noel Flynn 314 963 9710, noel.flynn@sbcglobal.net

**July 18-19 Private Consults with Dr. Emerson**

Dr. Emerson provides personal sessions for babies, children, or adults. Pre-registration required.

Contact: Zahira at Emerson Seminars 707-763-7024, emersontraining@comcast.net

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### Kansas City, Missouri July

**July 21 (eve)**  **Public Lecture**  **$15 Admission at the Door**

**July 22**  **One-Day Introductory Workshop**

**July 23-25**  **Three-Day Workshop, Preventing & Healing Maternal & Infant Birth Trauma**

This workshop is for parents who gave birth or are about to, for professionals who attend birth, and for those who suffered trauma while being born. Find out the insidious and direct ways birth is impairing your life now, and what to do about it. Find out how giving birth affects your child(ren), and if you are a birth professional, find out how to prevent birth trauma during childbirth. There is a one-day and a three-day workshop. The one-day is introductory, and the three-day workshop builds on the introductory day. Two recommended readings: *Collected Works I* and *Shock: A Universal Malady*, available through Emerson Seminars online bookstore.

One-Day workshop tuition: $150, does not include meals & lodging

Three-Day workshop tuition: $495, does not include meals & lodging

Enroll with Bobbie Martin bmartin6803@everestkc.net, 816-363-0091

**July 26-27 Private Consults with Dr. Emerson**

Dr. Emerson provides personal sessions for babies, children, or adults. Pre-registration required.

Contact: Zahira at Emerson Seminars 707-763-7024, emersontraining@comcast.net

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### August

**Aug 7 Washington DC APPPAH Regional Congress** To Register: Contact Dave Paxson, 843-347-1609

**Aug 8 Washington DC APPPAH** Optional day where people can do personal work under the guidance of APPPAH President William Emerson and others. Fee required (TBA).

**Aug 12-14 IPA (International Primal Association)-APPPAH Regional Congress, East Coast, US (site TBA)** To Register: Contact Alice Rose, 678-886-8680

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### Lienen, Germany September

**Sept 6-11 6-Day Workshop: Healing the Wounds of Spirit, Reclaiming the Roots of Soul**

Pre and perinatal shocks cause major obstructions and distortions in the human spirit and soul, and are the source of spirit and soul wounding. Participants will be led on journeys to discover and resolve shock, supporting the spontaneous re-emergence of spirit and soul.

Enroll with Margret Overdick, cell 01149 175 4080470, m.overdick@web.de

**Sept 12-13 Private Consults with Dr. Emerson**

Dr. Emerson provides personal sessions for babies, children, or adults. Pre-registration required.

Schedule with Margret Overdick, cell 01149 175 4080470, m.overdick@web.de
**PRATO, ITALY  SEPTEMBER**

**SEPT 16-18  3-DAY WORKSHOP: THE PSYCHOLOGICAL EFFECTS OF BIRTH ON RELATIONSHIPS**
Most people agree that relationships can be one of the most aggravating, frustrating, and emotionally painful aspects of life, but also the most rewarding. Most people don’t realize that relationship struggles are heavily influenced by one’s own birth, simply because birth is the first major physical struggle. Life’s ordinary struggles become a manifestation of birth. In this workshop participants uncover their birth scripts to explore the underlying distresses, release traumatic energy, and find new ways of perceiving, feeling, and behaving. Participants with unresolved birth trauma will be led on ‘inner journeys’ to explore and heal. Breakout groups reflecting various kinds of birth impacts will be organized, because learning the impacts helps to reduce their power. Finally, closure processes are used to integrate discoveries, and enable life changes.

**Tuition:** 450 Euro (meals & lodging not included)
Enroll with Tamara Macelloni, tamaramacelloni@aliceposta.it

**SEPT 19-20  PRIVATE CONSULTS WITH DR. EMERSON**
Dr. Emerson provides personal sessions for babies, children, or adults. Pre-registration required.
Schedule with Tamara Macelloni, tamaramacelloni@aliceposta.it

**CHLOTISBERG, SWITZERLAND  THE SHADOW**
For tuition information or enrollment contact: Barbara Schmid, M.D., barblaschmid@bluewin.ch

**OCT 3(NOON)-8(NOON) STERNENBERG, SWITZERLAND  THE THIRD TRIMESTER: LIFE IMPACTS**
Tuition 1200 CHF
Enroll with: Barbara Schmid, M.D., barblaschmid@bluewin.ch

**OCT 21-24  MODULE VIII BABY TRAINING (CLOSED GROUP)  SEATTLE WA**

Modules 1-6 are available on DVD for home study, and provide certified training. Module 8 is a practicum for those who have completed (at a minimum) on-site Modules 1-4, or the Home Study Baby Training Modules 1-6. Online registration available. **Tuition:** $900 (does not include lodging or meals)

Baby training information and enrollment with Arrow De Groot,
206-992-1339, gracelodge@comcast.net
Private consult scheduling: Zahira at Emerson Seminars,
707-763-7024 or emersontraining@comcast.net

**NOV 16-20  SAN FRANCISCO, APPPAH CONGRESS**
To Register: Contact Maureen at 707 887 2838 or apppah@aol.com

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**How to Register**
For information and to register contact the appropriate Emerson Seminars enrollment coordinator or register online at www.emersonbirthrx.com. Dates, locations, and tuitions are subject to last minute changes (very rare). To hold a place, submit a deposit equaling 50% of the workshop fee. Cancellation Policy: Cancellations more than 30 days prior to an event, deposits are fully refunded less a $100 processing fee; within 30 days of an event, deposits are non-refundable, but are applied as deposits for subsequent seminars. Private consults are billed at $175/hour. 50, 80, & 110 minute sessions available. All private consults in the U.S. are scheduled through the Emerson Seminars office. Contact Zahira: emersontraining@comcast.net, 707-763-7024