



# Emerson Seminars

Preventing & Healing Prenatal and Birth Trauma in Children, Babies & Adults



## 2020 Schedule

**E**merson Seminars (ES) provides experiential and didactic workshops and trainings for professionals and non-professionals. Courses consist of safe, structured, and healing practices, developed by Dr. Emerson over the past thirty years, which provide for personal and spiritual transformation. Participants have the opportunity to identify, explore, and heal wounds emanating from the preconception, prenatal and perinatal periods, and in the process to experience trauma healing and actualize their Higher Self, Embodied Spirit, and Human Soul. Dr. Emerson leads all workshops and trainings unless otherwise indicated.

In all locations listed below, Dr. Emerson follows the same basic structure: he does demonstration sessions, integration processes, and psychotherapeutic interventions with everyone in the group, so needed changes and discoveries can be

assimilated into adult life. This format is ideal for both personal growth and professional training. In Sternenberg, the demo sessions involve regressions for trauma work and titrational field holding for shock work. After each workshop or training, Dr. Emerson offers supervision sessions and a free teleconference call for the entire group.

An added feature is that each course offers different Emerson Legacy themes, that is, unique theories, knowledge, and treatment methods discovered and pioneered by Dr. Emerson, recognized by colleagues in the field of pre- and perinatal psychology, and by affiliated American (APPPAH and BEPE) and German (ISPPM and IPPP) organizations. Dr. Emerson has advised, taught courses, and published articles for all these organizations.



## March 6 – 8 Muenster, Germany

In this three-day workshop and training, Dr. Emerson guides participants into pre- and perinatal stages that negatively impact the ability to be deeply present and centered in oneself and with others. He also leads integration and psychotherapy rounds. The ultimate result is a new way of being in the world, with grounding, intuition, ease, and felt-sense fully intact.

Tuition: 570 Euro (does not include room and board)

Workshop lodging: Haus Mariengrund, a seminar facility offering independent room and board, a 5-minute walk from M. Overdick's seminar room. Contact Mariengrund directly to reserve a room and meals: Tel +49 (0)251 871 12-0; [info@haus-mariengrund.de](mailto:info@haus-mariengrund.de).

Registration: Contact Margret Overdick, [m.overdick@web.de](mailto:m.overdick@web.de), +49 251 260225

Schedule: Starts 10 AM (first day, otherwise 9:30) and ends 6 PM (each day). If traveling from a distance, plan to arrive at Mariengrund the evening before.

Logistics: Muenster workshops are reserved for trainees living in Muensterland or in Holland or the UK.

Private sessions: Pending

## May 5 – 10 Sternenbergr, Switzerland

In this five-day workshop and training, Dr. Emerson introduces and elaborates on a legacy theme he discovered and pioneered, namely, the critical differences between trauma and shock, and the unique diagnostic and treatment methods for each. A month prior to the course, participants will receive a handbook via email, and are expected to read and answer questions prior to joining the on-site course. If you have any questions, please feel free to contact Dr. Emerson via his two email addresses: [w.emerson@comcast.net](mailto:w.emerson@comcast.net) and [wmemerson4940@gmail.com](mailto:wmemerson4940@gmail.com).

Tuition: 975 CHF (or \$1,010 or 912€--tuition does not include room and board)

Receipts will be provided for everyone. A 50% deposit (487.50 CHF) is required to reserve a place. This can be wired to Dr. Emerson's Sparkasse account, which he will provide when you notify him via email that you wish to attend. Former participants and trainees can pay in cash at the workshop and receive a receipt, or can wire payment.



Lodging & meals: Contact Sabine Sieber at Alter Steinshof Sternenberg, 052 386 13 01, alter-steinshof@bluewin.ch.

Registration: Contact William Emerson, w.emerson@comcast.net and wmemerson4940@gmail.com. People who have not previously attended need to request and fill out a registration form and wire a deposit or full payment to Dr. Emerson's Sparkasse account.

Schedule: Starts at 2 pm on the 5th and ends at 2 pm on the 10th.

Private sessions: May 11th. Schedule directly with William Emerson via his two email addresses (use both to ensure he gets one). Private sessions are scheduled on a first-come basis, and are limited to 50 min unless otherwise arranged (80 min. sessions can be scheduled, time permitting).

## June 28 – July 3 Karuna, England\*

Another of Dr. Emerson's legacies is his groundbreaking work with Spirit and Soul Wounding. At Karuna, he conducts an experiential workshop on the negative effects of prenatal shock on the human spirit and soul, and on human intimacy and proactivity. Trauma therapy heals spirit and soul wounding.

Tuition: £945; Deposit £495 (non-transferable and non-refundable)

Registration: Contact Jacqui Aplin, Karuna Institute, office@karuna-institute.co.uk, +44 (0) 647 221 457.

Private sessions: None

\*Full with waiting list in operation\*

## Aug. 14 – 16 Petaluma, California

In this three-day workshop and training, Dr. Emerson introduces and elaborates on a legacy theme he discovered and pioneered; namely, the critical differences between trauma and shock, and the unique diagnostic and treatment methods for each. Each participant will be individually diagnosed and treated, and the follow-up teleconference will focus on clarifying outcomes and future directions.

Tuition: \$495 (does not include room and board). No travel discounts.

Workshop lodging: Participants can use Airbnb or any Petaluma hotel or motel for lodging. There is an airbnb next door to Emerson Seminars, with 3-4 bedrooms, at 3



English St. Also very nearby is the Petaluma Hotel on Washington St., (short walking distance) and the Metro Hotel on Petaluma Blvd. South (less than a mile walk). The OYO hotel is cheap, friendly, and clean, but is a 7-minute bus ride to the seminar.

Registration: Contact Zahira Rabinowitz, [emersontraining@comcast.net](mailto:emersontraining@comcast.net) or 707-763-7024.

Schedule: Starts 10 AM (first day, otherwise 9:30) and ends 6 PM (each day). If traveling from a distance, plan to arrive in Petaluma the evening before.

Private sessions: Aug. 17 by prior arrangement with Zahira: [emersontraining@comcast.net](mailto:emersontraining@comcast.net) or 707-763-7024.

## Oct. 9 – 11 Muenster, Germany

In this three-day workshop and training, Dr. Emerson guides participants into pre- and perinatal stages that negatively impact safety, trust, and intimacy within oneself and with others. He also leads integration and psychotherapy rounds. The end result of this work is the ability to experience more intimacy in life, and to love and be loved in a safer and deeper way.

Tuition: 570 Euro (does not include room and board)

Workshop lodging: Haus Mariengrund, a seminar facility offering independent room and board and a 5-minute walk to M. Overdick's seminar room. Contact Mariengrund directly to reserve a room and meals: Tel +49 (0)251 871 12-0; [info@haus-mariengrund.de](mailto:info@haus-mariengrund.de).

Registration: Contact Margret Overdick, [m.overdick@web.de](mailto:m.overdick@web.de), +49 251 260225

Schedule: Starts 10 AM (first day, otherwise 9:30) and ends 6 PM (each day). If traveling from a distance, plan to arrive at Mariengrund the evening before.

Logistics: Muenster workshops are reserved for trainees living in northern Germany, Holland, or the UK.

Private sessions: Pending



## How to Register

For information and to register, contact the appropriate Emerson Seminars enrollment coordinator. Visit [www.emersonbirthrx.com](http://www.emersonbirthrx.com) for more information on William Emerson, Ph.D. and Emerson Seminars. Dates, locations, and tuitions are subject to last minute changes (very rare). For cancellations more than 30 days prior to an event, deposits are fully refunded less a \$100 processing fee; within 30 days of an event deposits are non-refundable, but are applied as deposits for subsequent seminars. These policies do not apply when trainees are enrolled in ongoing trainings, where payment for each course is guaranteed, and students are required to finish unattended courses via home study.

### EMERSON SEMINARS ENROLLMENT COORDINATORS:

*Unless otherwise listed, contact the Emerson Seminars office for enrollment:*

*Zahira Rabinowitz: [emersontraining@comcast.net](mailto:emersontraining@comcast.net) or 707.763.7024*

*England - Karuna Institute: [office@karuna-institute.co.uk](mailto:office@karuna-institute.co.uk) , +44 (0) 647.221.457*

*Germany - Margret Overdick: [m.overdick@web.de](mailto:m.overdick@web.de) or 011.49.251.260225*

*Switzerland, Sternenbergl – William Emerson, [w.emerson@comcast.net](mailto:w.emerson@comcast.net), & [wmemerson4940@gmail.com](mailto:wmemerson4940@gmail.com), phone +1.707.364.1165, & 0049.151.5746.0125 (He answers this phone when he is in Europe.)*

## ABOUT WILLIAM R. EMERSON, Ph.D.

William R. Emerson is a renowned workshop leader, writer, lecturer, and pioneer in the field of pre- and perinatal psychology. He is among the first in the world to develop prenatal and perinatal treatment methods for infants and children, is an expert in treatment methods for adults, and is recognized worldwide for his contributions. He is also president emeritus and founding father of APPPAH (Association for Prenatal and Perinatal Psychology and Health), served on the Board of Directors for thirty years, and was president for seven years. Dr. Emerson is the author of six books (four self-published) and the author of 15 published chapters and journal articles in the field of pre- and perinatal psychology. He is also the writer and producer of four video programs.

He holds graduate degrees from Vanderbilt and San Jose State Universities, graduating with honors. He has held university appointments as

Honorary Faculty, Director of Clinical Training, International Lecturer, and Assistant Professor of Psychology. As an acknowledgment of his contributions to psychology, he received an honorary fellowship from the U.S. National Science Foundation. Dr. Emerson practiced psychotherapy for 25 years, specializing in psychotherapy and regression treatment for infants, children, and adults, and lectured domestically and internationally on these topics. He is currently compiling books he has written but not yet published. Dr. Emerson conducts open workshops and training programs in the U.S., Canada and Europe.

